

DAILY ACTIVITIES (UPDATED 12/30/11)

<u>Day and Time</u>	<u>Activity</u>	<u>Age</u>	<u>Room</u>
Monday			
ALL DAY	Fitness Equipment	Over 18	Fitness Room
ALL DAY	Computer Lab	All	Computer Lab
8:00AM-2:00PM	Walking	All	Gymnasium
10:00AM-12:00PM	Pickleball	All	Gymnasium
12:00PM-2:00PM	30+ Open Gym	Over 30	Gymnasium
2:00PM-6:00PM	Open Gym	All	Gymnasium
5:30PM-6:30PM	Youth Judo		Celebration Hall
6:15PM-7:15PM	Fit Club	Over 18	Kiwanis Room
6:30PM-7:30PM	Adult Judo		Celebration Hall
Tuesday			
ALL DAY	Fitness Equipment	Over 18	Fitness Room
ALL DAY	Computer Lab	All	Computer Lab
8:00AM-2:00PM	Walking	All	Gymnasium
10:00AM-12:00PM	Pickleball	All	Gymnasium
12:00PM-2:00PM	30+ Open Gym	Over 30	Gymnasium
2:00PM-7:00PM	Open Gym	All	Gymnasium
5:45PM-6:45PM	Yoga		Celebration Hall
Wednesday			
ALL DAY	Fitness Equipment	Over 18	Fitness Room
ALL DAY	Computer Lab	All	Computer Lab
8:00AM-2:00PM	Walking	All	Gymnasium
10:00AM-12:00PM	Pickleball	All	Gymnasium
12:00PM-2:00PM	30+ Open Gym	Over 30	Gymnasium
2:00PM-5:00PM	Open Gym	All	Gymnasium
5:00PM-7:00PM	Pickleball	All	Gymnasium
5:30PM-6:30PM	Youth Judo		Celebration Hall
6:30PM-7:30PM	Adult Judo		Celebration Hall
Thursday			
ALL DAY	Fitness Equipment	Over 18	Fitness Room
ALL DAY	Computer Lab	All	Computer Lab
8:00AM-2:00PM	Walking	All	Gymnasium
10:00AM-12:00PM	Pickleball	All	Gymnasium
12:00PM-2:00PM	30+ Open Gym	Over 30	Gymnasium
2:00PM-7:00PM	Open Gym	All	Gymnasium
3:00PM-7:00PM	Rock Solid	Youth	Various
5:45PM-6:45PM	Yoga		Various
6:00PM-8:00PM	Computer Tutoring	All	Computer Lab
Friday			
ALL DAY	Fitness Equipment	Over 18	Fitness Room
ALL DAY	Computer Lab	All	Computer Lab
8:00AM-2:00PM	Walking	All	Gymnasium
10:00AM-12:00PM	Pickleball	All	Gymnasium
12:00PM-2:00PM	30+ Open Gym	Over 30	Gymnasium
2:00PM-7:00PM	Open Gym	All	Gymnasium
Saturday			
ALL DAY	Fitness Equipment	Over 18	Fitness Room
ALL DAY	Computer Lab	All	Computer Lab
8:00AM-12:00PM	Walking	All	Gymnasium
12:00PM-5:00PM	Open Gym	All	Gymnasium